



Expectations in PSHCE/RSE during Remote learning

Curriculum Intent during Remote learning- the reason for learning remotely

More than ever during these unprecedented times, pupils/ students need to be equipped with strategies to protect their mental health and emotional wellbeing, regulate their sleep patterns, ensure online safety, maintain positive relationships, and keep their physical health on top form. Continuing with PSHCE/ RSE education remotely will help pupils/ students to understand and accept the new norm as well as assist a smoother transition back to school.

What will remote learning look like in the subject?

Many PSHCE / RSE lessons contain group discussions therefore home learning lessons must take a different approach. Lessons and resources need to be adapted to ensure that discussions can be managed by a parent/ carer, or that pupils/ students can complete them independently. In most cases a selection of sequenced activities works better. Not all PSHCE/ RSE topics are appropriate for remote teaching or home learning as some topics are complex and deal with sensitive issues, requiring a teacher's facilitation.

As discreet RSE topics are covered, teachers will provide an overview of the topic, language and concepts to be shared and any ideas for home learning included. This is essential as we know continuity between home/ school use of terminology and sharing of information best supports pupils/ students and is in direct response to the feedback of the RSE Parental Consultation, Oct 2020.

Topics that can work well for remote/ home learning include:

- Strategies for preventing infection
- Ways of promoting positive mental health and emotional wellbeing
- Sleep and good sleep habits
- Balancing time online with other activities
- Managing online friendships and social media
- Maintaining healthy eating habits and physical activity
- Internet safety

Resources

The School has signed up for some very helpful and practical online platforms including free virtual PSHCE lessons via LifeWise.co.uk which provides multisensory PSHCE learning.

Emotional ABCs offers free teacher access until Jan 2022 with videos to be shared via face to face or virtual PSHCE lessons and with printable sheets. The following are a list of websites which can be accessed remotely by families:

<https://able2learn.com/pages/info/how-to-download-material.html>

Teachit Primary

<https://www.teachitprimary.co.uk/searchresults?keyword=PSHE>

Winston's Wish – bereavement support

<https://www.winstonswish.org/pshe-downloads/>

Durham RSE tip sheet – Primary and Secondary has been shared with all teachers

PSHE Assosiation resources page with lesson plans

<https://www.pshe-association.org.uk/content/home-learning-resources>

In addition staff members are working hard to produce accessible Social stories, work sheets, Power Points story books etc.

School also accesses Purple Mash where there is PSHCE folder with a range of activities.

How will work be assessed?

Work will be assessed by the child's class teacher using the BSquared system of either Progression Steps, Engagement Steps, Engagement Model Observations or Early Years. The work/discussion/activity may be submitted as photographs on Earwig observed and praised by class members. In addition, parents/ carers may send feedback via Earwig or emails.

How will feedback been given to pupils/students and parents?

Work can be celebrated on the School's Facebook page (with parental/ carer consent given). In addition, written feedback can take place on the Earwig platform. Verbal feedback can be given over Teams.

For parents/carers not accessing Earwig, email correspondence or phone calls can be used to relay feedback on their child's work.