

Physical Education and School Sport Action Plan September 2016 to July 2017

School Priority/ Objective (WHAT)	Action (HOW)	Who (WHEN)	Impact
<b>1. Delivery of high quality Physical Education teaching, learning and assessment</b>			
Employment of a PE specialist	Delivery of PE lessons	2 days a week	Improved quality of teaching and learning as indicated through progress data
Develop other staff towards outstanding	Deliver a personalised CPD development programme to non-PE staff Monitoring and supporting their teaching of PE	NN - planned meeting time  Termly NN/SLT	Improved content and delivery of MTP and confidence to deliver by non-specialist staff through increased bank of ideas and three classes received focussed support  Increased staff support knowledge, ideas, confidence, CPD
Increased access to Dance resources	Create routines and upload on school system	September 2016 2016/2017 NN & Class managers delivering	New dance resources to use in lessons and wake up and shake up and after-school club, increased range of ideas/cultures for delivery of Dance
Staff CPD on theme of 'The Outdoors'	'Using the Outdoor Space for physical Activity'	NN to liaise on delivery/SLT for CPD time, Spring 2017	All staff trained in how to make more use of outdoor space Increased time spent on regular activity Course cancelled Re-scheduled for April 2018
Improved Rebound Therapy	Attend rebound refresher course	Spring 2017	Refresh ideas within rebound therapy delivery Physio and OT's supported with additional rebound therapy and refreshed other staff members

Up to date knowledge of Physical Education	Consistent staff assigned to support delivery	Spring 2016	Improved quality of rebound therapy delivery
	Regular contact and support for RT from physiotherapist	NN/GMc Start Spring 2016 ongoing	Physio's and OT's developed and extended programmes for movement
	Attend Annual County Primary PE Conference	Spring 2017	Maintain up to date knowledge of PE requirements
Increase range of PE equipment for use in curriculum and ASD	More regular contact with County PE Advisor	2016/17	Maintain up-to-date documents and advice Primary Advisor for PE completed Internal school audit – satisfied with use of Sports Premium Spend
Develop effective use of assessment for learning	Purchase new equipment to assist in high quality delivery of sessions and ensure accessibility for all	NN to order autumn 2016	Increased option of activities to deliver yoga or floor based activities, athletics, multi skills, ABC movement skills and games
Use of specialist coaches to deliver activities	Develop use of assessment in PE using core tasks and B-Squared for target setting and learning	NN to meet with staff delivering PE to share good practice	Staff and students have clear targets of what the focus of lesson is based on strands of progress in Term 1 PE coordinator absent term 2 & 3 and additional coaches supported this area
Regular access to local facilities to enhance learning	SAFC Smile Thru Sport Leisureworks Dance specialist	NN to organise	Coaching modelled for staff to observe Broader range of activities High quality delivery, increased progress made by students (Tracked on B-Squared)

experiences for older students	Use of Tanfield Comp hall for 6F	Spring 2017	Staff did not use the facility on offer at Tanfield However, pupils attended additional sessions at the Croft, Gateway Wheelers and additional riding sessions
<b>Promote Health &amp; Fitness</b>			

Ensure all PE warm ups are 'cardiovascular' challenging	Staff to incorporate into all MTP of PE lessons	All staff delivering PE NN to reinforce	Students become increasingly comfortable with increased heart rates, breathing rates and body temperature They become increasingly aware of how bodies change when a warm up is completed how physical activity makes them feel and how it is different to when they are sedentary
Regular reflection on effects of exercise on the body	Class staff to create resources to suit needs of their students	All staff teaching PE NN to support CIP admin support	Students become increasingly familiar with physical, mental and social changes in body before & during exercise
Ensure all cool downs reflect on changes to body and mind	Included in MTP Reinforced in lessons	All staff delivering PE	Students become familiar with physical and mental changes in body during and after exercise
Option of delivering an 'isolated' Health & Fitness' scheme of work	Design MTP of a HRF unit	NN to support with content for planning Link to B-Squared targets for Health and Fitness	Unit not delivered by staff NN to deliver this year
Student to wear appropriate PE kit for PE lessons	Access to a spare kit and trainer box Class timetables allow for changing time in planning Link to PSICHE hygiene /	NN to provide letter Class staff to organise their own students	All students dressed appropriately for PE lessons and changing time is timetabled and managed into their curriculum time Increased awareness of hygiene and safety targets met for PSICHE Students understand why they get changed for PE Success in some classes, need to improve in other classes

<p>Trial an activity log for 1 class in home/school diary</p>	<p>safety targets Letters sent home to remind parents what day their child has PE</p> <p>Add info to website to invite parents to add info in their activity log sheet in home/school diary</p> <p>Class Managers/student in classes to be able to add too Note home to parents with details</p>	<p>Class managers to liaise with NN / NH/SD/RG on activity levels, to distribute rewards/stickers Use for praise in assemblies</p>	<p>Parents input to diary</p> <p>Child/teachers input to diary, rewards for completing activities</p> <p>OOSH</p> <p>Praise in assembly for OOSHL and/or Olympic/Paralympic values:</p> <ul style="list-style-type: none"> <li>-Commitment</li> <li>-Courage</li> <li>-Determination</li> <li>-Excellence</li> <li>-Self-Belief</li> </ul>
<p>Healthy Living Module delivered to Sixth form</p>	<p>Weekly module delivered to Sixth Form</p>	<p>2016/2017 NN, weekly</p>	<p>Students more aware of how to lead a healthy lifestyle through movement and healthy food choices Social benefits of exercise Awareness that HEALTH = Happy, Eat Well, Activity, Love yourself and others, Time for yourself, Help yourself and others Learning Journals collated for individual students</p>
<p>Daily Wake Up &amp; Shake Up Sessions</p>	<p>All classes complete a daily physical activity within their class for 10 minutes</p>	<p>All classes except PMLD who do a mobility programme throughout each day</p>	<p>10 minutes extra daily physical activity taking place in classrooms at a time that is effective for the class</p>

<p>Improve parental information of Physical education ,school sport clubs and OOSH activities via website and newsletters</p>	<p>Maintain up to date website information with photos of students participating in different activities, events and achievements</p>	<p>NN/RD/JH/ On-going 2016-17</p>	<p>Regular sport/physical activity information on school website and school Newsletter</p>
<p>Raise the profile of the subject internally</p>	<p>Maintain PE and SS notice board with up to date photos</p>	<p>NN with support from NH/SD/RG (PE team)</p>	<p>A range of class, coaching, teaching and event pictures on display</p>
<p>Introduce Sports Leaders to writing match/event reports for the website</p>	<p>Celebrate success of PE and school sport in assembly</p>	<p>Class staff</p>	<p>Students receiving special mention in assembly for their achievement, participation, effort, courage and determination from their class staff (Olympic/Paralympic values) More reference needed to values next year</p>
<p>Application for School Games Kite mark award 2016/2017</p>	<p>Leaders to write a brief report about how an event went, support from staff Passed on to JT/RD for them to upload onto website</p>	<p>CH, CA, JC, LS, FP, EC, AS, KB, BM, FN, CH</p>	<p>Students written reports and photos about sporting achievement and success on website</p>

	Work towards targets to achieve the award	NN to complete application NH/SD/RG to support completion of some targets (PE team)	Successful application by summer 2017 Bronze award achieved
<b>2. Engage in competition &amp; creating partnerships</b>			

[illegible]



Access to County Inclusion Events	Attendance at events Liaising with class managers for attendance	date with events NH/SD/RG to assist with planning attendance at events	Increased attendance at events Students achieving higher levels of attainment Students experiencing new sports Increased confidence to attend events off-site, socialising with students from other schools
Access to School Games Competitions	Attendance at events NN to co-ordinate with staff on teams, practises and entries, transport, evolves, etc	NN to maintain regular contact with County School Sports Inclusion meetings	Increased attendance at events, achieving success through competition Photos on website
Access to County 'Projectability' initiatives	Liaise with Jane Young at Trinity School Enter events and complete admin, liaise with class managers re: student entry	NN to keep school up to date with events NH/SD/RG to assist	Attendance at events, increased achievement in activities through experience Photos on website
Lunchtime Activity Clubs	Regular choice of activities when weather permits NN to deliver playground games training to student volunteers	Training delivered to students Nov 2016 - NN Staff in yard to feedback on progress Feedback from student council on progress	More students engaging in activities during their lunchtime, under staff supervision, led by playground games makers Increased practise and increased confidence of playground leaders 10 junior leaders completed playground training, 3 highlighted as effective to be Games leaders from Sept 2017 NN to deliver updated course

		NN / PE/ JW/RL	
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Training for staff delivering physical activity to the after school club	Support A/SCH staff with any ideas, resources, pathways to courses, modelling they may request		A/SCH students taking part in regular physical activity once per week as a timetable session Focus on developing movement and team games ASD completed Hydro Tues, Karate Wed, games Thursday evenings SAFC to deliver 2017 18
Partnership with 'Living for Sport' mentors	Athlete mentor to visit school and deliver sessions to students	NN, bi-annual visit January 2017 booked 1 day 1 more half day to book	Students attend session with athlete mentor, delivering Olympic and Paralympic values Inspired students to reach their goals within all areas of their lives, not just PE and SS January 2017 booked for Rachel McKenzie to visit Very successful this year with Rachael visiting twice this year
<b>Develop Leadership</b>			

Increase number of students to develop leadership skills	New leaders to attend 'Step Into Sport' Training, complete their training hours and deliver on & off site events and sessions	NN to organise for 10 new sports leaders to attend and 2 experienced sports leaders to assist their development	10 new students completed training courses Assisting/leading small PE and school sport sessions, lunchtime activity, intra and inter competitions on and off-site at events Playmaker journals completed More focus on lunchtime Games leaders
Increase opportunities for leadership within curriculum lessons	External county trainer to deliver leadership training within school  Deliver playground games training to leaders	NN to organise Booked for November 2017  NN to deliver Autumn 2017	Students more equipped with bank of ideas to deliver to small groups within school Increased confidence in communication of leadership skills Increased activity on lunchtimes More focus on lunchtimes required NN to update training  Students deliver small playground activities on lunchtimes to increase activity levels and increase social skills between students
	Incorporate small leadership opportunities in current provision through evaluation of others & working in pairs	NN & disseminate to class managers delivering PE	More leadership roles within lessons Better identification of areas for development in self and others performances through coaching/leading each other

Total spend £8,000