

Land Based Activities 2021 – 2022

Early Years and KS1 – Forest Schools

1. Acclimatisation and Discovery – Learners become familiar with the site, the leader and the various routines. Safety is a key theme and learners discover that they are safe at Forest School physically, mentally and emotionally. Relationships and trust are built between the group and adults. Learners’ confidence grows as they become familiar with systems. Much of the time in this stage is adult directed or modelled

Activity	Knowledge	Skills	Understanding	Key Vocabulary linked to Science curriculum	Cross Curricular Links
Forest School - general	Knowledge of the world around them	Asking different scientific questions	Their place in the world	Why? How? Which?	Science
Field Studies Activities – minibeast hunts, pond dipping, tree identification, bird watching, life cycle games	Knowledge of living things	Identify and name different seasonal plant life	How plants change?	Plant, tree, mini beasts, pond	Science and geography
Sensory Activities – games to do with colour, smell, sound, touch, blindfold games	Knowledge of seasonal change	Observe and describe seasonal change	How seasons change?	Leaves, flowers, fruit	Science and sensory
Wildlife conservation – tree planting, nest box construction, coppicing, fence/path building	Knowledge of living things in the environment	Identify deciduous and non-deciduous	Trees are different	Oak tree Conifer tree	Science
Following a route	What is a map?	Use basic geographical language	What is a forest?	Forest, soil, river, vegetation	Science
Following directions	4 compass points	Use simple compass directions	Where am I?	North, south, east, west	Geography