

Top Tips to Support Your Child's Development

Fine Motor Skills

Teaching Your Child to Use Scissors – lots of activities to develop the 'squeezing' action of the thumb and fingers that is required for using scissors.

1. Make & play sock puppet games to promote the opening & closing action of your child's hands.
2. Use kitchen tongs to pick up large objects such as socks off the carpet.
3. Use tweezers to pick up small objects such as cotton wool balls and put them into ice cube trays.
4. Build strength in your child's hands by using spray bottles – spray and wipe the dinner table or kitchen cupboards.
5. Attach pegs onto the upper rim of a tin bucket and ask your child to squeeze the pegs and drop them into the bucket.
6. Make using scissors more 'sensory' by cutting cooked spaghetti, pieces of wool, sparkly ribbons or playdough sausages.
7. Cut snips in pieces of card before tackling paper.

