



Dear male parents, carers & family members,

This year we have decided to organise a **Dads and Lads** health and well-being morning and we would like to invite any male family role models to attend, a maximum of two per family.

The aim of the morning is to have fun and work together to raise the profile and importance of fathers and grandfathers having a **role to play** in supporting the education of their sons / grandsons.

The event will be a fun-packed morning where pupils and their male family members take part in a range of **team building and gentle exercise activities**. There will be nothing too strenuous and the whole morning will be friendly and relaxed with no pressure to take part in anything someone does not want to.

This year we have decided to hold the Dads and Lads morning on **Monday 5<sup>th</sup> February 2024** from 9.45-11.45am in the hall at Villa Real School. There are two session options from which to select from and if you would like to attend, please return the tear-off slip below to your sons / grandsons Class Teacher.

The first session will run from **9.45-10.45am**. The second session will consist of the same activities, but will run from **10.45am – 11.45am**.

If you would like to attend please bring a drink and come dressed casually for taking part in light physical activities. If you have any further questions about the morning please call myself at school on **01207 503651**.

Best wishes,

*DDimmick*

Damien Dimmick

P3 Class Teacher

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I would like to attend the Dads and Lads morning and my preferred time slot would be:-

9.45am – 10.45am

10.45am – 11.45am

Name of pupil.....

Name of parent / carer attending.....